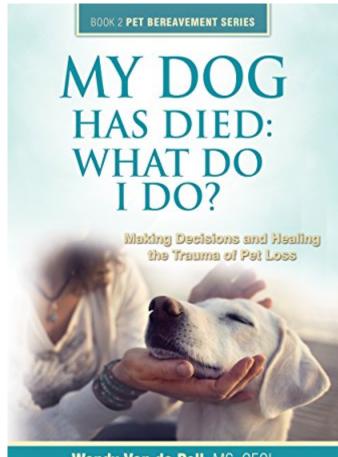
The book was found

My Dog Has Died: What Do I Do?: Making Decisions And Healing The Trauma Of Pet Loss (The Pet Bereavement Series Book 2)



Wendy Van de Poll, MS, CEOL International Bestselling Author



Synopsis

Winner of Reader Favorite 5 Star Review AwardBook 2 - Pet Bereavement Series My Dog Has Died: What Do I Do?Would you like a special way for healing pet loss?Have you experienced the death of your dog and are you dealing with pet loss grief? Are you feeling alone and out of sorts while coping with the loss of a pet?Do you want to keep a connection with you dog on a spiritual level?The good news there is a book to help you right NOW! Healing pet loss is not as difficult when you have this book on hand. Does the following sound familiar for what you are experiencing? You just arrived home and in an instant, you realize that something is very different. Your house is quiet and there is a cold feeling of emptiness. These feelings are taking on a life of their own, and suddenly reality hits you! Your dog is not bounding through the house to greet you. Your dog is no longer enveloping you with unconditional love, kisses, and endless joy. Devastated you ask yourself, â œWhat am I going to do?â • The answer to this question and the good news is that Wendy is sharing her new book with you as she supports you through your pet bereavement journey. Offering you tools and compassionate guidance to help you heal from the trauma of pet loss. Sharing helpful ways to deal with all the changes that you are going to experience immediately after the death of your dog. Plus, special ways to prepare for the future. If your dog has died and you are experiencing grief, having difficulty making important decisions, and you want to do something special to not forget the life you shared with your dog then this book is for you.

Book Information

File Size: 2173 KB Print Length: 170 pages Simultaneous Device Usage: Unlimited Publisher: Center for Pet Loss Grief, LLC (May 28, 2016) Publication Date: May 28, 2016 Sold by:Â Digital Services LLC Language: English ASIN: B01GBQW9W8 Text-to-Speech: Enabled X-Ray: Not Enabled Word Wise: Enabled Lending: Not Enabled Enhanced Typesetting: Enabled Best Sellers Rank: #588,491 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #70 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Grief & Loss #162 in Books > Crafts, Hobbies & Home > Pets & Animal Care > Pet Loss #887 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Death & Grief

Customer Reviews

This book spoke to my heart. When I was a child, I lost my best friend, a Min Pin, and never got over the loss and never got and kept another pet. It was just too traumatic to lose her. So Mrs. Van de Poll's book with gentle, caring understanding and support let me release some of that grief and heal. I would like another puppy. Maybe now I can let another furry baby back into my life, understanding that there may be loss again, but also so much unforgettable love.

Having recently become a dog owner I was very drawn to this book. I found it easy to read and practical and it covered all aspects of the process of losing a dog. The 7 stages of Grief were very useful and the well placed, relevant case studies added to the credibility and interest of the book. The inclusion of Chapter Wrap Ups and Chapter Contemplation Questions is a great idea and very useful in providing consolidation and clarity. I found the Spiritual Self section a very relevant and welcomed guide which is often ignored by other writers of grief or pain. Spiritual practice will be very soothing in this situation I am sure. I am so attached to my dog - I'm pleased to know I have such a self help guide to turn to again when the time comes. All in all an excellent read and well recommended.

The grief we feel from losing a pet is so traumatic, it feels like it will never go away for many of us. Wendy has been there, too, and shares the missing link in helping us deal with the overwhelming emotion that goes with losing a pet. In Chapter 3 she addresses the psyche and how to deal with the psychological pain, as well. This is a book I will recommend to anyone going through the loss of pet.

Wendy Van de Poll, as a certified end-of-life coach, a pet loss grief coach, a tested animal medium and communicator, and animal lover her self has created a book to guide us through the devastating loss experienced by the death of our beloved canine friends. The book leads us through the various stages of learning to live without our dearest friends while allowing ourselves to experience the depth of our loss, face decisions, and help our children experience pet loss. Her book addresses the physical self, the mental self, and the spiritual self.My Dog Has Died provides a meditative session to be used daily as needed to help ease our grief. She concludes each chapter with three contemplative questions that help us to explore feelings more deeply, set goals, and generate empathy and compassion for our loss. Wendy cleverly ties together each session of questions at the end of her book with a wonderfully releasing exercise to help bring us more closure and peace.Wendy's depth of understanding and caring for her clients is felt throughout the book through the narratives she uses as examples. She honors their losses and allows them time to gain self understanding to help process the mourning. This is a unique subject matter for a very real and widely experienced life situation,

The loss of your dog is very similar to that of a close friend passing away - the first 24 hours are the hardest to deal with. Therefore, the author explains the normal feelings, stages and symptoms of grief, together with common myths and abnormal signs. She encourages you to identify your feelings of grief and to seek appropriate help. Also included is this book are numerous case studies which help you to put into practice the ideas the author discusses.One of the chapters I liked was on the insensitive comments people can make in their attempt to trivialize the grief you're going through. These comments aren't helpful or warranted. The other thing I liked with a timeline of what and when you can do certain things to help overcome your grief and be able to move on.This book is written with a great empathy and knowledge of dogs and their owners. It therefore provides a very good guide of what to do in a grieving situation where you may not know how to cope and what to do.

If I could give this book 6 stars, I would. The author presents the grieving process to cope with the loss of a beloved dog is truly thoughtful and empathetic. Resources for additional support at the end of the book is helpful and a free gift of a downloadable meditation mp3 for healing was a welcome surprise. I highly recommend this book and wish it was written long ago when I lost my dog. Look for the special message from Addie at the end!

I lost my Border Collie, Storm, to liver cancer three months ago. I have been having a difficult time missing him. I found Wendy's book to be very helpful and insightful. She really does understand pet loss and has some excellent advice and suggestions. I'm glad that I read this book. It helped me to feel less alone in my healing journey. I would definitely recommend this book to anyone who has lost a dog recently and needs some guidance and support with their grief.

Van de Poll leaves no stone unturned. She shares information from the nitty gritty about cremation to the cascade of emotions one feels when losing a dog along with stories in a comforting mix. Having lost a dog 5 months ago, I understand more about the process I have experienced and what lies ahead. A good book that will guide you when you lose a fur buddy.

Download to continue reading...

My Dog Has Died: What Do I Do?: Making Decisions and Healing The Trauma of Pet Loss (The Pet Bereavement Series Book 2) My Cat Has Died: What Do I Do?: Making Decisions and Healing The Trauma of Pet Loss (The Pet Bereavement Series Book 4) My Dog Is Dying: What Do I Do?: Emotions, Decisions, and Options for Healing (The Pet Bereavement Series Book 1) Easy Homemade Dog Treat Recipes: Fun Homemade Dog Treats for the Busy Pet Lover (Dog Training) and Dog Care Series Book 2) Soap Making: 365 Days of Soap Making (Soap Making, Soap Making) Books, Soap Making for Beginners, Soap Making Guide, Soap Making Recipes, Soap Making Supplies): Soap Making Recipes for 365 Days The Comprehensive Hair Loss Guide: Hair Loss Treatment and Cure for Men and Women (Hair Loss Treatment for Women, Hair Loss Treatment for Men, Hair Loss ... Loss Remedies, Hair Loss Cure, Alopecia) Hair: Hair Loss: Learn About Hair Loss Prevention Methods and Regrowth Treatment: Hair Loss Cure: Hair Loss (Men's Health, Hair Loss Treatment, Regrow ... Loss Treatment for Woman, Hair Loss Cure) Grief: Overcome The Loss of A Friend or Family Member - Death, Bereavement, Family Loss & Depression (Mourning, Pain Relief, Loss, Emotional Pain, Funeral, Sympathy, Hospice Care Book 1) Bonding with Your Rescue Dog: Decoding and Influencing Dog Behavior (Dog Training and Dog Care Series Book 1) Brain Games for Dogs: Training, Tricks and Activities for your Dog's Physical and Mental wellness(Dog training, Puppy training, Pet training books, Puppy ... games for dogs, How to train a dog Book 1) Dog Training: 50 Dog Smart Tricks (Free 130+ Dog Recipe Book Inside): Step by Step Activities for Full engagement, Fun and Increased Dog IQ Hair Loss Prevention: #1 Hair Loss Prevention And Reversal Techniques, Methods, Treatments And Remedies (Hair Loss, Hair Loss Cure, Hair Loss In Women, ... Protocol, Hair Loss Black book, Baldness) Homemade Healthy Dog Food Food Recipes (Because Your Dog Deserves The Best All Natural Dog Food and Health Dog Recipes!) The Kids Book About Pet Loss: Grieving and Healing After Losing Your Pet (The Kids Book About . . .) Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Keeping Conures as Pets: A Pet Owner's Guide to Choosing, Housing, and Caring for a Pet Conure (Pet Owner's Guides Book 2) Living When a Loved One Has Died: Revised

Edition Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) Hair Loss and the Big Pharma - The Ultimate Guide on Avoiding Frauds, Disinformation and Bad Medicine (Hair Loss Cure, Hair Loss Nutrition, Hair Loss Solutions, Hair Loss Alopecia, Alopecia Areata) Weight Loss: 20 Proven Smoothie Recipes For Weight Loss, Health, And Energy (Lose Weight Fast, Smoothies For Weight Loss, Smoothie Recipes, Lose Weight, ... Loss Smoothies, Weight Loss Motivation,)

<u>Dmca</u>